







Edition 9: 2024-25

Bulletin of the Rotary Club of Madras T. Nagar

RI District 3233











Magic Board Members 2024-25



Rtn. Narendra Srisrimal President



Rtn. Dr. Poornima Karthik Club Secretary



Rtn. G. Sasikannan Additional Club Secretary



Rtn. Shantala Sathya
Joint Secretary, Chairman Bulletin



PP Rtn. Dr. Mohan Rajan Club Mentor



PP Rtn. Pankaj Davey
Club Trainer



PP Rtn. Jacob Rajkumar Club Advisor & Chairman Golf Tournament



Rtn. Kavitha Shankar Immediate Past President



Rtn. Dr. Vasudha Rajasekar Chairman Rotary Foundation



PP Rtn. NR Mukundan Treasurer Admin



PP Rtn. A Perikaruppan Sergeant at Arms



PP. Rtn. Naresh Jain Treasurer Trust



PP. Rtn. Meenakshi Perikaruppan Director- Club Service



PP Rtn. Vipin Agarwal
Director- Community Service
Development

CONTENT





















11 RCMT NEWS

RCMT GREETINGS & PROJECT SUMMARY

Magic Board Members 2024-25



Rtn. Dr. Pravin Tellakula President Elect & Director Community Service Health

















Rtn. S. Balasubrahmanyam
Chairman- Annadhanam













President's Desk



Rtn. Narendra Srisrimal

March was a momentous month for our club, marked by the District Conference—a grand celebration of Rotary's spirit and service. I take immense pride in sharing that RCMT achieved a remarkable feat with 100% registration for the conference, setting a new benchmark.

At the conference, history was made once again! As your President, I have personally contributed over \$100,000, attaining Major Donor Level 4—a first in RCMT's legacy. Furthermore, I have pledged to become

an Arch Klumph Society (AKS) member, yet another milestone for our club.

Our commitment to giving was further reinforced by: • Rtn. Vijay Seth and Rtn. Ravi Venkatraman achieving Major Donor Level 2.

Dear RCMT Family,

• Rtn. Pankaj Davey, Rtn. Rajesh Bhansali, Rtn. Manisha Chordia, Rtn. Dilip Chandan, Rtn. Suresh Sancheti, and Rtn. Jayanthilal Challani attaining Major Donor Level 1.

Notably, five of these distinguished contributors are also Green Rotarians, strengthening our club's vision of sustainable service.

March also witnessed the resounding success of the RCMT Olympiad, where all seven streams saw enthusiastic participation, culminating in a grand valedictory function that celebrated excellence and camaraderie.

Adding to the vibrancy of the month, we commemorated Women's Day in style. The presence of Bollywood celebrity and fitness icon Ms. Shilpa Shetty as our Guest Speaker elevated the occasion, as she shared invaluable insights on wellness and fitness.

None of these milestones would have been possible without the unwavering dedication of my Board and the active participation of our incredible members. Your passion and commitment continue to define the essence of RCMT.

As Helen Keller once said, "Alone, we can do so little; together, we can do so much." Let's continue this incredible journey of service and impact, creating a legacy that inspires generations to come.

Yours in Rotary, Rtn. Narendra Srisrimal President, RCMT

Editor's Desk



Rtn. Shanthala Sathya

Dear Friends.

March: Water, Sanitation, and Hygiene Month

Over 750 million people worldwide lack access to safe drinking water, and more than 2.5 billion people live without adequate sanitation facilities. Every day, at least 3,000 children die from diarrheal diseases caused by unsafe water. In many rural areas, access to clean drinking water remains a significant challenge.

It is crucial to educate our children about the importance of natural resources, especially water, and encourage them to use it responsibly. This month, our PP Rtn. Kavitha Shankar shared her insights on this pressing issue and highlighted how our club has taken steps to address it.

Warm regards, Rtn. Shanthala Sathya







CLUB SERVICE



















A Memorable and Inspiring Evening with Shilpa Shetty

The Women's Day celebration on March 11th was truly extraordinary, graced by the presence of the renowned Bollywood star and fitness icon, Shilpa Shetty, as our esteemed guest speaker. Shilpa captivated the audience with her insightful discourse on wellness and mindful eating, emphasizing that good health is in our hands. She stressed the importance of making conscious food choices, highlighting the nutritional richness of traditional Indian cuisine from past generations, which contributed to strength and vitality.









In contrast, she cautioned against the growing dependence on processed foods, aerated drinks, and Western fast food, identifying them as major contributors to modern health issues like obesity. Her advice was simple yet profound: "Eat early, eat mindfully, and allow your body the time it needs to digest." With her signature grace and authenticity, Shilpa shared wisdom from her multifaceted life as an actor, entrepreneur, mother, and yoga enthusiast, leaving the audience spellbound. Her insights resonated deeply, inspiring everyone present.

The event was a resounding success, drawing an enthusiastic crowd not only from the RCMT family but also from several Presidents of other Rotary clubs, all of whom were equally inspired by her words. As Shilpa aptly put it, "Health is a state of body, wellness is a state of being." This celebration served as a powerful reminder that true wellness stems from the daily choices we make. The evening, held at GRT Grand Hotel, concluded with an engaging interactive session, followed by a warm fellowship and dinner. Special appreciation goes to President Rtn. Narendra Srisrimal, Club Service Director Rtn. Pp Meenakshi Pk, Club Secretary Rtn. Dr. Poornima Karthik, and whose dedication and efforts made this event even more vibrant and memorable.







BOARD MEETING















RCMT Trust & Board Meetings

On Wednesday, 26th March 2025, RCMT held both Trust and Board Meetings at Madras Boat Club. Board Meeting Agenda:

- Review of programs conducted so far and planning for the next three months.
- Discussion on preparations for the Governor's Visit.

Trust Meeting Agenda:

- Review and approval of accounts for the financial year up to March 2025.
- Overview of the current year's fund inflow and outflow.

The meetings were well attended by members and concluded with fellowship and dinner.











Director - Youth Service & Chairman Rotary Olympiad Rtn. Dr. B Mahalakshmi















Swastik Shree Rotary Olympiad Badminton Tournament

March **02**nd

Swastik Shree Rotary Olympiad Badminton Tournament – A Resounding Success!

The Swastik Shree Rotary Olympiad Badminton Tournament was a smashing success, bringing together over 145 enthusiastic participants across various categories. From 8 AM to 4 PM, the courts came alive with intense competition, unwavering sportsmanship, and boundless energy.



















This grand event was led with exceptional dedication by our Dynamic & Dedicated Youth Service Director, Rtn. Dr. Mahalakshmi, with invaluable support from Rtn. PP Jacob Rajkumar, Rtn. PP Kavita, Rtn. Dharni Prakash, Rtn. Ajit Kothari, and Mr. Siva, under the insightful guidance of Sri Anurag Maheswari. A huge round of applause to the entire team for orchestrating such a remarkable and memorable tournament! Special thanks to our generous sponsor, Herman Miller, for supporting this event. A delightful highlight of the tournament was the surprise visit and participation of Dr. Krishna Mohan (father of playback singer Shwetha Mohan, husband of Sujatha Mohan), aged 75. Inspired by a friend's recommendation, he eagerly joined the tournament, proving that age is just a number when it comes to passion and perseverance.

His match against the ever-gracious Rtn. Sivakumar from Rotary Club Madras Golden City was a true testament to the spirit of the game. As Billie Jean King once said, "Champions keep playing until they get it right." This tournament was a celebration of that very spirit!























Swastik Shree Rotary Olympiad Bowling Sticker



The Rotary Olympiad 2025 was a celebration of enthusiasm, camaraderie, and spirited participation. The overwhelming response and spontaneous involvement from fellow Rotarians across clubs made it an unforgettable experience.

Bowling Tournament

A women-exclusive event was held at Du Bowl, Down Under, Egmore, on March 9, with 60 talented participants. The competition was fierce yet fun, with winners across various categories:

- Winner: Singles, Doubles, Team
- Runner-Up: Singles, Doubles, Team

Special thanks to Mr. Ajay Nahar for his generous support and expertise in conducting the tournament.





















Pickleball Tournament

Held at the Pickleball Club, Kilpauk, this event saw 80 participants battling it out on the court.

- Winner: Team
- Runner-Up: Team

Heartfelt appreciation to Rtn. Bhadresh and Rtn. Rakesh for ensuring a seamless and well-organized Pickleball event.

Gratitude & Acknowledgments

Such an event is only possible with the dedication of many hands. RCMT extends sincere gratitude to:

- Rtn. PP Kavitha Shankar for her unwavering support.
- Rtn. Dilip for curating delicious food at both venues.
- Rtn. Poornima for the beautifully crafted trophies that added prestige to the event.
- Anurag for his steadfast support.
- Rtn. Jacob, Rtn. Pankaj, Rtn. Sunil Sanchleka & family, Rtn. Rakesh Gadiya & family, and Rotaracto

Eshwar for their invaluable contributions and spirited participation. Above all, a huge round of applause to the Rotary Olympiad Team, led by the ever-enthusiastic Rtn. Dr. Mahalakshmi.

Her leadership, dedication, and teamwork continue to elevate this event to new heights, truly embodying the Rotary spirit—where service, sportsmanship, and fellowship come together in perfect harmony. "Success is best when shared"—and together, we have made this event a resounding triumph!















March

Swastik Shree Rotary Olympiad Medisales Box Cricket Premiere League (MPL) 2025

Medisales Box Cricket Premiere League (MPL) 2025 witnessed one of the finest matches in women's box cricket on March 22nd, filled with excitement, tension, drama, loud cheering, and unwavering enthusiasm from both participants and the audience. Five teams—Black Squad, Pitch Pirates, Wicket Warriors, SMSC, and **Super Divas**—competed fiercely, each proving to be a formidable opponent.

After an intense showdown, Team Super Divas, led by Captain Heenal Parmar, emerged as the champions of MPL 2025, while **Team SMSC**, under Captain Bhumika, secured the runner-up position.

The tournament was proudly sponsored by Medisales, with Rtn. Narendra Srisrimal- Chairman & President of RCMT and Mrs. Praba Srisrimal presenting the winners with cash prizes of ₹10,000 and ₹5,000, along with trophies.









A special accolade for Highest MVP – Player of the Tournament was awarded to Bhumika (Captain, SMSC Team) for her outstanding performance. The Medisales Premiere League Women's Box Cricket Tournament was yet another resounding success for the Rotary Olympiad. RCMT sincerely appreciates the dedicated efforts of Rtn. Dr. Mahalakshmi in making this event a grand success.



















Swastik Shree Rotary Olympiad Volleyball Tournament

Golden Goal Rule teams battling to win ...

8 Teams of 7 players total of 65 players participated.

Winner- RFC team with Bharath Jain captain. Trophy and Cash prize of Rs.11,000 was awarded.

Runner-SMSC team with Panchratan as captain was given trophy and cash prize of Rs.5000.



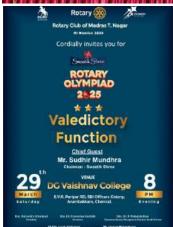




















Valedictory Function of the Swastik Shree Rotary Olympiad 2025

"As the saying goes... 'All's well that ends well," and with that spirit, we successfully concluded the spectacular Rotary Olympiad 2025 on March 29th with a glittering valedictory function beneath the stars.

The finale of the Rotary Olympiad featured two thrilling events: the Health-o-thon and the Volleyball Tournament.

The Health-o-thon, organized by our dynamic Annette Club in association with DG Vaishnav College, saw around 350 enthusiastic participants—including Rotarians, Interactors, Rotaractors from Vivekananda College, and students from DG Vaishnav College—coming together to promote a healthy lifestyle while also raising funds for the education of underprivileged children.













The Volleyball Tournament brought the heat with eight adrenaline-charged teams battling for the top spots. In the end, SMSC emerged as the champions, while RFC secured the runner-up position. The winners received Rs.11,000, and the runners-up took home Rs.5,000, along with their well-earned trophies.

The grand Valedictory Function was graced by our esteemed Chief Guest, Rtn. Sudhir Mundhra, Managing Director of Swastik Shree Enterprises (our Title Sponsor), and Guest of Honour, Mr. Ashok Mundhra, Secretary of DG Vaishnav College. The dignitaries delivered inspiring speeches and distributed prizes, making the event truly memorable. Their presence, along with the enthusiastic participation of all attendees, added to the evening's joy and celebration.

From the bottom of our hearts, we extend our deepest gratitude to all our RCMTians for their unwavering support in making this event a resounding success. A special mention goes to Rtn. Dr. Mahalakshmi, whose dedication and tireless efforts for over a month played a pivotal role in ensuring the RCMT flag soared high! Here's to the spirit of Rotary, hard work, and unforgettable memories.







ANNETTES WING















Marathon Health O Thon

Our talk of the town Health-o-thon, Run for Health Run for Cause

This celebration of running to spread awareness about Healthy lifestyle commenced with a flag off by our very own multitalented PP.Rtn. Meenakshi Perikaruppan. District Director Youth Service. The fund raised by this will be used for underprivileged children







ON GOING PROJECTS

P

Chairman Annadhanam: Rtn. Balasubramaniam











Annadhanams

March Month

- At Chaaru illam: Rtn. Bala subramanyam.
- At Prathyusha Home: Rtn. Shanthala Sathya







ANNADANAM IN MARCH 2025 TRUST **TOWARDS** March **DONATED BY PURPOSE** Rs 10,000 Remberence 14th Charu Illam Rtn. Balasubramanyam Lunch 10,000 Remberence Lunch 15th Prathyasha Homes Rtn. Shanthala sathya 20,000

LIST OF EYE CARE PROJECT











[&]quot;In March 2025, a total of 2 Annadhanams were successfully conducted."







Rotary Club of Madras T Nagar, Rajan Eye Care hospital &

Chennai Vision Charitable Trust have been focussing on Blind Free India

for many years. Rajan eye care has been conducting thousands

of free Eye camps in and around Chennai for almost three decades.

PP Rtn.Dr. Mohan Rajan & Dr Sujatha Mohan

have been spearheading this yeoman service.



Date	Day	Camp Venue	No.of Screened	No .of Cataract surgery Done	Ехр	No of Spectacles Given	Ехр	Referred patient for Treatment	Transportation	Total
2nd	Sunday	Mathur, Chennai	102	12	60000.00	13	13000.00	14	4000	77000.00
7th	Friday	Broadway, CHENNAI	38	7	35000.00	11	11000.00	8	2000	48000.00
9th	Sunday	Pattabiram, Thiruvallur Dist	82	9	45000.00	14	14000.00	13	4000	63000.00
9th	Sunday	Choolaimedu, Chennai	93	8	40000.00	10	10000.00	12	1500	51500.00
15th	Saturday	Uthiramerur, Kanchipuram Dist	134	13	65000.00	19	19000.00	18	2000	86000.00
16th	Sunday	Chindaripet, Chennai	107	10	50000.00	22	22000.00	19	8000	80000.00
23rd	Sunday	Kodungaiyur, Chennai	108	15	75000.00	19	19000.00	11	2500	96500.00
30th	Sunday	Ambatur, Kallikuppam, Chennai	81	7	35000.00	12	12000.00	17	2000	49000.00
30th	Sunday	Vyasarpadi, Chennai	151	12	60000.00	16	16000.00	21	2500	78500.00
Total			896	93	465000.00	136	136000.00	133	28500	629500

Summary

- A total of 9 eye camps were conducted.
- 896 individuals were screened for eye testing.
- 93 cataract surgeries were performed.
- The total expense incurred was ₹6,29,500/-.







FLASH FROM THE PAST



Speaker meeting: Ganesh Venkatraman President .Rtn. Murali Bhaskar 2013-14







RCMT MEMBER



















WATER, SANITATION & HYGIENE

One of the most important Focus areas of Rotary International is providing clean water, sanitation and hygiene (WASH) and the Month of March is designated for the same. Rotary aims to improve the public health through sustainable projects that address these critical needs. Water sanitation projects are essential for Public health, economic growth and environmental sustainability. By providing access to clean water and proper sanitation facilities, these projects prevent waterborne diseases like cholera and typhoid which disproportionately affect vulnerable populations, especially children.

The Rotary clubs take on various initiatives across communities to provide access to clean drinking water. RO plants are installed and maintained at various Govt. schools, colleges and hospitals and communities which lack these facilities. To provide adequate sanitation facilities, toilet blocks are built in schools for the students with sufficient water resources which is very important to maintain the children's health and also acts as a reason to improve the attendance. Improved sanitation improves overall health and leads to the development of the children.

To inculcate the Hygiene aspect among children, Wash stations are being set up at schools and colleges.

Various awareness programs are being conducted by the clubs highlighting the importance of handwashing to prevent the spread of waterborne diseases.

Adhering to the Focus area and understanding that access to clean water and sanitation is a basic human right, through the years RCMT in its own way has initiated several sustainable WASH projects. Under their leadership of different Presidents, alongside other Projects, they have also installed RO water plants and built Toilet blocks and creating awareness among students regarding WASH in different schools. We hope to carry forward these important projects with every passing year, more effectively and efficiently. Regards,

PP Rtn. Kavitha Shankar









RCMT AT DISTRICT

District Director Youth Service: PP Rtn. Meenakshi Perikaruppan

















NAVARATNA – Rotary District 3233 Conference

March 14-16th

Under the leadership of our esteemed District Governor, Rtn. Mahaveer Bothra, NAVARATNA was a grand celebration of service, fellowship, and inspiration. Held on March 14, 15 & 16 at Chennai Trade Centre, Nandambakkam, the event brought together a vibrant gathering of Rotarians, Anns, Annettes, Rotaractors, and Friends of Rotary for an unforgettable three-day experience.

A Spectacular Inauguration

The conference began with an electrifying opening ceremony that set the stage for the remarkable events to follow: The prestigious Presidents' Flag March. A majestic chariot welcome for RID and RIPR. The Flag Hoisting Ceremony, symbolizing our unity and commitment



























A Power-Packed Lineup of Speakers & Performers

The event featured an impressive roster of motivational speakers, industry leaders, celebrated personalities, and intellectuals, who shared their insights and experiences:

Captain Suresh Babu, MARCOS Commando & Indian Navy Veteran – A man of unparalleled bravery, he captivated the audience with his thrilling experiences and stories of valor. Pulavar Ramalingam – An evening of wit and wisdom through a thought-provoking Pattimandram. Hon. MP Tiruchi Siva – A seasoned parliamentarian and eloquent speaker, he inspired attendees with his insights on governance and public service.

Swami Sukhabodhananda – Renowned spiritual leader, author, and motivational speaker, who shared profound wisdom on life, happiness, and mindfulness.

Lifetime Achievement Awards Mr. Narasimhan Ravi, Director of Kasturi & Sons & Editor-in-Chief of The Hindu – Honored for his exemplary contribution to journalism and his unwavering commitment to journalistic integrity

Dr. Soumya Swaminathan, Former Chief Scientist at WHO – Recognized for her groundbreaking contributions to global healthcare, science, and innovation.

Entertainment, Culture & Gastronomic Delights

NAVARATNA was a perfect blend of intellect and entertainment, featuring: Musical band performances Stand-up comedy and skitsClassical dance & Robo danceEngaging Pattimandram, A diverse and delectable food experience.

A Celebration of Impact & Unity

NAVARATNA was more than just a conference; it was a celebration of our journey, our service, and our shared vision for a better tomorrow. With moments of laughter, learning, and camaraderie, Rotary District 3233 continues to inspire and lead with purpose. Courage met Glory. Wisdom met Celebration. Inspiration met Action. Here's to another year of impact, service, and fellowship!









RCMT accomplished an outstanding milestone with 100% conference registration, setting a new benchmark in district.

Heartfelt Congratulations to our esteemed President, Rtn. Narendra Srisrimal, for becoming an Arch Klumph Society Member (AKSM) with a generous contribution of \$ 250,000— the first time in the history of RCMT that a member has achieved this prestigious recognition. His extraordinary act of generosity reflects the true spirit of Rotary and will create a lasting impact.

Congratulations to our Major Donors - Level 2

(For contributing \$25,000):

- PP Rtn. Ravi Venkataraman
- PP Rtn. Vijaay Sheth

Applause and gratitude to our newest Major Donor Level 1 members* (for contributing \$*10,000*

- Rtn. Pankaj Davey
- Rtn. Suresh Sancheti
- Rtn. Manisha Chordia
- Rtn. Dilip Chandan
- Rtn. Jayanthilal Chellani
- •Rtn. Rajesh Bhansali

This was also the first time in the history of RCMT that so many members have contributed so generously in a single event — a testament to the unity and generosity that define our club's legacy.

All the donors were honored at the prestigious Navaratna District Conference, marking a proud and inspiring moment for RCMT.











DOLS

(District Officers Learning Seminar) in Kodaikanal.

RCMT MEDIA





राजस्थान पत्रिका patrika.com धेन्नई, गुरुवार, 13 मार्च 2025

हाथ से हाथ मिलाते चलो, सभी को होली में रंग लगाते चलो

महिला दिवस पर एक यादगार और प्रेरणादायक शाम

अच्छा स्वास्थ्य बनाए रखना पूरी तरह हमारे हाथ में : शिल्पा शेट्टी

पत्रिका न्यूज नेटवर्क

चेन्नई, रोटरी क्लब आफ मदास टी नगर की ओर से आयोजित महिला दिवस समारोह वास्तव में एक अञ्चत अवसर था जहां प्रसिद्ध व्यांनांबुड अभिनेत्री और फिटनेस आइकन शिल्पा रोडी आतिय कन्ना के रूप में उपस्थित

जिल्या ने अपने पेरणाटावक मंबोधन में स्वास्था और मधेन भोजन के महत्व पर जोर दिया।



बनाए रखना पूरी तरह में हमारे अपने करता हैं कि हम क्या खा रहे हैं और उन्होंने छह से साव दरूक पहले के हाथ में हैं। यह इस खात पर निर्भर किन चीजों से परहेज कर रहे हैं। चरचरिक भारतीय खान-पान के

हमारे पूर्वजें को मजबूती और पहलुओं - अभिनेत्री, उद्यमी, मां और जीवन शक्ति मिलती थी। इसके उन्होंने विपरीत जीवनशैली में पाश्चात्य जंक फूड और कार्योनेटेड ड्रिक्स की खड़ती लत पर चिता जलई, जो आज मोटापे और अन्य स्वास्थ्य समस्याओं के प्रमुख कारण बन रहे हैं।

उनकी सलाह सरल लेकिन गहरी थी: "जल्दी खाएं, सोच-समझकर खाएं और अपने शरीर को पाचन के लिए समय दें।" अपनी मीनाशी ने पूरे सब का कुजल

योग साधक के रूप में अपने अनुभव आधुनिक साझा किए।

उनकी सच्चाई और यदिमता ने वहां मौजूद हर व्यक्ति की प्रभावित किया। इस सफल आयोजन का श्रेय आरसीएमटी के अध्यक्ष नरेंद्र धोधीमाल को जाता है जिन्होंने इस कार्यक्रम को भव्य रूप से आयोजित किया।

जॉ. पर्णिया की उपस्थिति रही।

రోటలీ క్లబ్ జాబ్మేకాకు విశేష స్పందన

400 మంది వికలాంగులకు ఉద్యోగావకాశాలు

చెన్నై, ఫ్రిబ్రవర్ 22 (ఆంద్రజ్వాతి): రోటరీ క్రబ్ ఆఫ్ ముదాస్ టి.నగర్, 'వి-షెష్', 'ది స్పెషల్ నీడ్స్ ఈక్వల్ ఆపర్సునిటీ సెల్ ఆఫ్ వైష్ణప్ కాలేజ్ సంయుక్ష ఆధ్వర్యంలో



జాబ్మేకా పాశ్సర్ ఆవిష్కరిస్తున్న ప్రముఖులు

శనివారం డుత్తేక జాబ్ మేళా జరిగింది. ఇందులో పాలాన్స్ కికి కార్చొరేట్ నంస్థలు 400 మందికి ఉద్యోగావకాలు కల్పించాయి. ఇంటర్వూలు ముగియగానే నియామక ప్రతాలను కూడా అందించారు. ఇందులో టీసీఎస్, జేపీ మోర్చాన్, ఎస్బీఐ లైఫ్, మహీంద్రా అండ్ మహేంద్రా వంటి డ్రహ్వత సంస్థలు పాల్చొన్నాయి. ఈ కార్యక్రమానికి ముఖ్య అతిథిగా హాజరైన మాజీ ఐపీఎస్ అధికారి ఆర్.శేఖర్, గౌరవ ఆతిథులుగా హాజరైన డీజీ వైష్షష్ కళాశాల కార్వదర్ని అశోక్ జె.ముంద్రా, ఆర్టీఎన్ మహావీర్ బోత్రా జాబ్మేహ లోగోను లాంచనంగా ఆవిష్కరించి, అభ్యర్థులకు శుభాకాంక్షలు తెలిపారు.

Sports event held

Rotary Club of Madras T. Nagar organised its sports meet called Swastik Shree Rotary Olympiad 2025 recently. The event witnessed 200 participants.

As part of the event, chess and carrom were conducted. Table tennis veteran Achanta Sharath Kamal inaugurated the event.







RCMT NEWS



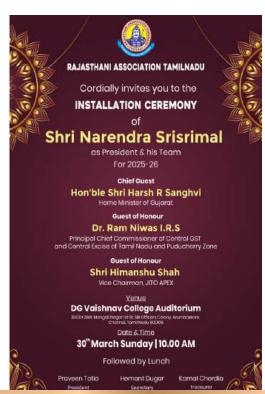
A Tapestry of Tradition and Triumph

Rtn. Narendra Srisrimal Ascends as President in 58th year of Rajasthani Association Tamil Nadu

On March 30th, 2025, DG Vaishnav College in Chennai became the epicenter of a grand cultural celebration as Narendra Srisrimal, President of RCMT, was installed as the 34th President of the esteemed Rajasthani Association Tamil Nadu. The event drew a large gathering, showcasing the vibrant fusion of Rajasthani tradition and Tamil hospitality.



C o n g r a t u l a t i o n s







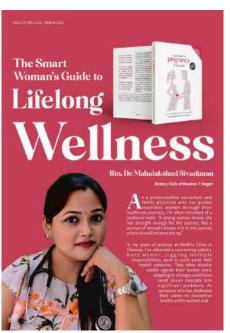




From the echoes of gunshots to the roar of victory.....

Pp Rtn. Meenakshi Perikaruppan's journey proves that passion knows no limits. A father's belief, a daughter's

grit—this story hits the bullseye!



Hearty Congratulations

Dr. Mahalakshmi Sivaraman for her unwavering dedication to women's health and preventive care. As a gold -medallist physician, bestselling author, and Director of Youth Services at RCMT, she continues to inspire and empower women through her expertise and commitment to community well-being.

Her work at MedPro Clinic, Chennai, and her insightful books, A Prelude to Pregnancy and Beyond and serve as invaluable guides for women at every stage of life.

Her passion for early prevention and holistic healthcare is truly transforming lives.

Kudos to Dr. Mahalakshmi for being a beacon of strength, wisdom, and care! Wishing her continued success in her mission to empower women toward a healthier future.









RCMT GREETINGS



S.no	Name	DOB
1	Mr. Sivaraman. V	01-Mar
2	M Balasubramaniam	03-Mar
3	Ann.Ratna-Krishnan.	05-Mar
4	Suresh Kumar Sancheti P.	06-Mar
5	Ann.Shoba Anand Sampath	06-Mar
6	Rtn.Dr.Rengan.R.S.	08-Mar
7	Rtn. Shanthala Sathya	09-Mar
8	Rtn.Shankar Iyer	11-Mar
9	ADITYA MOHTA	12-Mar
10	S.N SUBRAHMANYAN	16-Mar
11	Dr. M. Rajasekar	17-Mar
12	Vandana Singhi	19-Mar
13	Rtn. Kapil kumar Maheshwari	20-Mar

Name	DOW	
Rtn.Narayanswamy T.S	17-Mar	
Ann. Jayshree-Narayanswamy		
Rtn.Y.G.Rajendra	10 Man	
Annette.Aditya-Sheela Rajendra	18-Mar	
Rtn.K.Ramanujam	27-Mar	
Ann.Bamini-Ramanujam		

SUMMARY OF PROJECTS

Summary of March 2025 Project			
S.no	Name	Total	
1	Club Service	3	
2	Annettes Wing	1	
3	New generation	5	
4	RCMT District	2	
5	Annadhanam	2	
6	Eye Care Projects	9	

YTD (Jul- 2024 - Mar 2025) Projects				
S.no	Event	Sum		
1	Club Service	27		
2	Community Service Projects	16		
3	Community Service Health	8		
4	Community Service Literacy	1		
5	New Generation	32		
6	RCMT Interanational	7		
7	Annettes Wing	7		
8	Eye Camps (On Going Projects)	77		
9	Annadhanams (On Going Projects)	93		
10	Eye Donation Rally (Image Building)	1		
11	RCMT (Image Building)	3		
12	RCMT in District	18		
13	Global Grant Project	1		
14	RCMT Public Image	1		
	Total	292		

Rotary Club of Madras T. Nagar RI District 3233

Presence in Social Media





